



Dear Friend of the ADC,

November is National Family Caregiver Month and we have been taking time to celebrate our ADC caregivers. We began the month with our annual candle lighting that was very well attended, and we will be acknowledging all of our families. Please take the time to read our newsletter and learn more about the month and how you can acknowledge a special caregiver.

Tuesday, November 29th is the fifth annual national celebration of #GivingTuesday. In the pattern of Black Friday and Cyber Monday this day has been set aside to kick off the holiday season of year end donations. As you see posts and emails about the day, please consider the ADC. You should be receiving our year end request for support in the mail during the next week. As an independent non-profit organization we rely on your support to fulfill our mission of providing affordable day care and support for caregivers. Your contribution of any size when added to others will make a lasting impact.

This is our last call for our caregiver survey that was sent out last month. Please take the time to give us your honest feedback about our program and services. The information we gather through these surveys helps us to better address the needs of our ADC families. The results also assist us when we apply for grants and write proposals for funding. I thank you in advance for your support in answering and returning the survey.

Lastly, we are grateful for our caregivers and supporters and their interest in our success. We extend our best wishes to you and your family for a Happy Thanksgiving and long holiday weekend.

See you at the ADC!

Sincerely,

*Diann Robinson*

Diann Robinson - Executive Director



November 29th is #GivingTuesday.  
Please consider the ADC in your year end giving plans.

## "Getting Better With Age" Wine Tasting Last Friday

Our 18th Annual "Getting Better with Age" Wine Tasting was held last Friday at the Basking Ridge Country Club. Thank you to all sponsors, advertisers, auction donors and participants for your support. It was a great night, we hit our goal and everyone in attendance had a great night. The date for the 2017 event is set for October 27, 2017. Please mark your calendars now and plan to join us!

## ADC Welcomes New Staff Member

Please join us in welcoming Theresa Menke as our new part-time RN. Theresa received her BS in Nursing from Drexel University. She is thrilled to be a part of our ADC family and shares our mission to support our caregivers and provide compassionate care to our members. She lives in Martinsville with her husband, Rich, daughter Lily and son Max. She will be working on Tuesdays and Thursdays.



Pictured left to right: ADC member Barbara Bizarro and new ADC RN Theresa Menke



Pictured above: Joe Ferrera and his daughter Denise.

### **Honor a Special Caregiver with a Donation to the ADC.**

ADC maintains a Sharing Your Care campaign, providing you the opportunity to give a "Tribute Gift" in honor of a caregiver. Through this campaign, we pledge to provide for the center's financial stability--allowing us to offer quality day-care services to all who need them. With a Tribute Gift, you show your appreciation, and encouragement, to a caregiver who is benefiting from the ADC--in an appropriate and lasting way. For more information, please click [here](#).



Pictured left to right: ADC Member Ella Rolef and Senator Kip Bateman

## Thank you Senator Bateman

Senator Kip Bateman, NJ District 16, joined us during our Fall Festival last month. He worked with our activity staff to help members find a prize in the haystack. We are grateful for Senator Bateman's ongoing interest in our mission.



## Our Annual Candle Lighting

Thank you to our caregiving families who attended our candle lighting on Thursday, November 3rd. The event drew a record crowd who joined us in lighting a "candle of care" to honor and support individuals affected by Alzheimer's and other dementias. Please check out our Facebook page and website for photographs and a list of the readings presented by ADC staff.



"Tilted" by Andrea Blasko

## What's on our Walls?

Our new exhibition features the Somerset County Meetup Photography Group. Curated by Loren Fisher, it features works from local photographers. It will be on view through December 31st; Monday through Friday from 8:30 a.m. until 4:30 p.m., and on December 10th from 9:00 a.m. to 12:00 p.m.



Pictured left to right: ADC member Martha Allen, Crafts Director MaryAnn Royce-Koehler, and ADC member Marlene Clarkson.

## Holiday Reception & Craft Bazaar

The craft staff and volunteers are in high gear, creating handicrafts and kitchen specialties for our annual Craft Bazaar. Our inventory of scarves and hats--knitted or crocheted--continues to build up. More crafts are coming in, donated by our families and volunteers. The member preview is from 10:00 a.m. to 12:00 p.m. on December 7th, and the bazaar is open from 10:00 a.m. to 2:00 p.m. on December 8th and 9th. Proceeds from sales go toward next year's Craft Room and Cozy Kitchen budget.

### **Caregiver Support Group: Remaining Date for 2016**

The ADC's Support Groups will be held on Saturday, December 10th. Our guest speaker will be Cynthia Voorhees from Somerset County's Office on Aging and Disability. We will announce the dates for 2017 in the December newsletter. Click [here](#) for more information about the Support Group, our sponsor Unity Bank, and to learn about future topics and speakers.

### **Caregiver Cafe Is Open!**

All ADC caregivers are invited on Fridays from 9:00 a.m. to 11:00 a.m. for coffee, pastries, and fellowship. This informal group, that is independent from ADC staff, is meant to give caregivers a friendly shoulder to lean on during difficult weeks, to share advice and to provide encouragement in a positive environment. All caregivers are welcome to pop in for as little as five minutes or for the full 90 minutes. The next time the cafe is open will be on Friday, November 18th.



Sponsor Meg Huber celebrated  
October birthdays with ADC  
Member George Quinn.

## Birthday Buddies

Our October party was sponsored by Meg Huber and her family in honor of her father Ed Strasser.

We are looking forward to our November celebration on the 18th. Gifts and cake will be sponsored by Foothill Acres and music will be underwritten by Lynn Fazen and Keira Kruchowy in honor of their birthdays. We are working on filling the schedule for 2017 now. If you are interested in joining us, please contact Hilary at [hilary.kruchowy@adulthoodcenter.org](mailto:hilary.kruchowy@adulthoodcenter.org) and see our [website](#) for more information.



## November Activities

Our themes for November include Thanksgiving and Veteran's Day. This month's

Creative Notions "Art of the Masters" workshop will study surrealist Salvador Dali. We will take members to Hoagie Hut, Jumbo Palace, The Dollar Store, Wal-mart and Popeyes.

Here is a [link](#) to our November calendar and [link](#) to an activity list on the website.

## **Additional Information about the ADC**

### **About the newsletter**

Please email Hilary Kruchowy at [hilary.kruchowy@adulthoodcenter.org](mailto:hilary.kruchowy@adulthoodcenter.org) if you have any suggestions about future features. Please feel free to forward the newsletter to your friends and colleagues. We are trying to build our mailing list. Currently there are more than 1,000 names on our list. Thank you.

### **"Like" us on Facebook!**

We update our Facebook pages two or three times a week with news of what is happening at the center. Please "Like" us and check out our photographs. It is a great way to see what your loved one is up to and how they are spending their day. To date we are 50 "Likes" away from 500.

### **Mission**

The Adult Day Center of Somerset County, a compassionate community of acceptance, is a non-profit agency committed to providing extraordinary day care services for the elderly and disabled residents of Somerset County, and support for caregiving families.