



Dear Friend of the ADC,

Welcome to the March edition of the Adult Day Center's monthly newsletter!

It may feel like winter outside but it is spring at the ADC! We are looking forward to our St. Patrick's Day Celebration on Friday, and to celebrating Horticultural Therapy Week on Thursday.

Please take the time to read this newsletter. Our Generations Gala honoring Steve Kalafer and celebrating our 40th anniversary will be held on Thursday, June 8th. We are now accepting reservations, and a link with ticket and sponsorship information can be found in the article below. You will also find out about our 40th anniversary celebrations, collaboration with Empower Somerset, meet our new Finance Manager Laura Camisa, and the United Way of Northern New Jersey's upcoming Munch and Learn on March 20th.

We welcome your feedback and invite you to visit the ADC!

See you at the ADC!

Sincerely,

Diann Robinson
Diann Robinson
Executive Director



Generations Gala

We are delighted to announce that the honoree for the 2017 Generations Gala is Steve Kalafer. The event will be held this year on Thursday, June 8, 2017, at Trump National Golf Club at 5:30 p.m.

Mr. Kalafer, a Gladstone resident, is the owner of Flemington Car and Truck Country, and the Somerset Patriots. He has been a generous supporter of the ADC with a significant donation to the capital campaign to build our facility and sponsorship of our special events. He served as the Gala Co-Chair for the inaugural Generations Gala in 2011, laying the groundwork for this signature event that raised more than \$500,000 in general operating support.



Pictured above: [Steve Kalafer](#)

[Click here for Sponsorship Information.](#)

2017 Getting Better With Age Wine Tasting

The planning committee for the 2017 Getting Better With Age Wine Tasting, chaired by Board of Trustees Members Christine Flanagan and Giuseppina Araujo, will start meeting monthly in May. We are looking for additional members.

Can you commit to recruiting a table of 10, soliciting auction items or making follow-up calls, and visits to solicit journal ads? Please think about joining us. Interested in learning more? Please call Hilary Kruchowy for more information. [\(908\) 725-0068](tel:9087250068). Check out our website [here](#) for more information.



The ADC at the People Care Center in the early 1990's

40th Anniversary Celebrations

ADC's Executive Director Diann Robinson has challenged staff teams to present a day of activities to celebrate the ADC's 40th anniversary. The first of three celebrations is planned for Friday, April 21st. This will be a day celebrating the music and events from 1977. Keep an eye on our website as we add photos, the organization's history, and photos from ceremonial resolutions.

Upcoming Caregiver Support Group Topics

Our April Caregiver Support group will be held on April 22nd from 10:00 a.m. to 12:00 p.m. Our speaker is Patti Kerr, a certified Alzheimer's educator, keynote

speaker and author. On May 20th, we will welcome Gregg Lubinsky, the ADC's board-certified consultant pharmacist. For more information or to RSVP, please contact Stacy Scelfo by phone [\(908\) 725-0068](tel:9087250068) or by email (sscelfo@adulthoodcenter.org.)

For more information about the Caregiver Support group or to see future dates, please click [here](#).

Welcome New Staff Member Laura

Please join us in welcoming Laura Camisa as our new Finance Manager. Laura received her B.A. in Finance from Montclair State University.

Laura is an experienced CFO and has worked for several large companies in New York City, New Jersey and Florida. She recently relocated back to her hometown of Somerville from Florida to be closer to her family. In

addition to her work at the ADC, Laura volunteers on the Somerville Youth Services Commission, and is an active member of the Somerville Civic League and the Community Emergency Response Team. Laura is in the office every day but Wednesday. When asked why she was interested in joining the team at the ADC, she responded, "I am pleased to bring my business expertise to the ADC and to help support Somerset County caregivers."



Pictured above: Welcome Laura!

Spring Appeal



The ADC is pleased to announce our Spring Appeal. We would like to launch a year-long project to design and install a mural in the hallway similar to the mural that was designed and painted in Spring 2015 in the activity room. Members will be encouraged to participate in all aspects of the project including planning, preparing, and painting the walls. The total cost of the project is projected at \$3,500. We are looking for 35 donations of \$100 each. Please click [here](#) to learn more.

February Birthday Buddies

Our Birthday Buddies for February were Shyam and Kiran Sethi. The party included gifts for celebrants, and cake and cookies for all. Our March Birthday Buddy is Cristina Mandoni Festa, daughter of member Angelita Mandoni. To learn more about our Birthday Buddy program please click [here](#). Sponsors are needed for August, September, November and December.



Pictured above: ADC member Ricky Mohns.

Caregiver Coalition of United Way of Northern NJ Programs

The ADC collaborates with the Caregiver Coalition of the United Way of Northern New Jersey. We are pleased to promote their upcoming programs.

Caregiver Coalition Monthly Meeting - The Caregiver Coalition meets once per month on the third Thursday at the JCC of Bridgewater at 9:30 a.m. The March meeting is scheduled for March 16th. Pamela A. Mastro, MSW, Somerset County Mental Health Administrator, will be presenting "Disaster Planning for People with Access and Functional Needs and their Caregivers." Please call Stephanie Howland at [973\) 993-1160 x534](tel:973-993-1160) for more information.

ADC to host March Munch and Learn - On March 20th from 5:30 p.m. to 7:00 p.m., the ADC will host one of the Caregiver Coalition's "Munch & Learns." The speakers are Peter Niemiec, Director, and Elizabeth Haluszczak, Veteran Service Officer with the Office of Veterans Services in Somerset County. They will explain untapped resources, including pension with Aid and Attendance and Housebound Allowances that are available to veterans. Click [here](#) for the Munch & Learn Flyer.

For more information on the United Way Caregivers Coalition Conference Series email CaregiversCoalition@UnitedWayNNJ.org or call [888\) 338-9227](tel:888-338-9227).

Sign Up For "Taking Control of Your Health"

Through a collaboration with Empower Somerset, ADC caregivers are invited to participate in "Taking Control of Your Health." This is a six-week program designed especially for caregivers with any ongoing or long-term health conditions. The sessions will focus on how to: manage your symptoms; get started with healthy eating and exercise; communicate effectively with your doctor; manage fear, anger and frustration; and make daily tasks easier. The program will be offered on Wednesday mornings from 10:00 am. to 12:00 p.m. from April 26th through May 31st. Refreshments are provided each week, and participants also earn shopping gift cards based on attendance. Space is limited to 15 participants, so please sign up early. If you are interested, please contact Diann Robinson by phone at [908\) 725-0068](tel:908-725-0068) or by email at drobinson@aduldaycenter.org. Click [here](#) for more information.

March Activities



We have a lot of celebrations planned this month starting with acknowledging Horticultural Therapy Week on March 16th, celebrating St. Patrick's Day with DJ Joe and participating in a "Match Game" Social on March 24th. We will celebrate birthdays on Friday, March 31st.

Here is a [link](#) to our March calendar and a [link](#) to the list our website.

Additional Information about the ADC

About the newsletter

Please email Hilary Kruchowy at hilary.kruchowy@aduldaycenter.org if you have any suggestions about future features. Please feel free to forward the newsletter to your friends and colleagues. We are trying to build our mailing list. Currently there are 1,000 names on our list. Thank you.

"Like" us on Facebook!

We update our Facebook pages two or three times a week with news of what is happening at the center. Please "Like" us and check out our photographs. It is a great way to see what your loved one is up to and how they are spending their day. To date we are only 4 "Likes" away from 500.

Mission

The Adult Day Center of Somerset County, a compassionate community of acceptance, is a non-profit agency committed to providing extraordinary day care services for the elderly and disabled residents of Somerset County, and support for caregiving families.