



Dear Friend of the ADC,

Welcome to the 2017 May edition of the ADC's monthly newsletter! The month of May is designated as Older Americans Month. In 1965 President Lyndon B. Johnson passed the Older Americans Act (OAA) and formally declared May as Older Americans Month. It was created in response to concern by policymakers about a lack of community social services for older persons. This year's theme is "Age Out Loud" and older adults are encouraged to strive for wellness, know their rights, stay engaged and try new things. I encourage you to learn about the Older Americans Act and its provisions. Many directly impact our members including funding for supportive services, which include day services, and nutrition programs such as Meals on Wheels. Click [here](#) to see a quick snapshot.

Please take the time to read this newsletter. You will find news about donations from Investors Bank and an update on our 40th anniversary celebrations.

Reservations are being accepted for our 2017 Generations Gala honoring Steve Kalafer and celebrating our 40th Anniversary. We hope you will join us.

We welcome your feedback and invite you to visit the ADC.

See you at the ADC!

Sincerely,
Diann Robinson
Diann Robinson
Executive Director



Above: ADC Board of Trustees Chair Dave Tucker; Master of Ceremonies Josh Kalafer; ADC Past Honoree Doris Zampella; ADC Director of Development Hilary Kruchowy; ADC Executive Director Diann Robinson; and ADC Board Member Cynthia Norfleet.

Generations Gala

The Generations Gala, our annual fundraising event, will be held this year on Thursday, June 8, 2017, at Trump National Golf Club at 5:30 p.m. This year we will honor Steve Kalafer, Chairman of Flemington Car and Truck Country and Chairman of the Somerset Patriots. Click [here](#) to visit our website for sponsorship information and to see a list of our generous sponsors.



The ADC Celebrates All Mothers

If you aren't quite sure what to get your mother for Mother's Day, perhaps a gift in her honor would be something she would appreciate. We invite you to give a "Tribute Gift" to our Annual Campaign. Annual Gifts provide for our financial stability and allow us to offer quality day care services to all who need them. A tribute

gift is a wonderful way to recognize your loved one. For more information, please click [here](#). Pictured above: ADC member Gwen Lettley with daughter Lynette Acosta



2017 Wine Tasting Committee

The 2017 Getting Better with Age Wine Tasting is scheduled for Friday, October 27th. The planning committee chaired by Christine Flanagan and Giuseppina Cetta-Araujo is forming now. The committee, which meets monthly, is responsible for event logistics,

selling tickets and advertisements, and soliciting and assembling auction packages. Do you have free time and a passion for helping the ADC? Please consider joining us at our kickoff meeting on Monday, May 22nd at 4:30 p.m. at the ADC to find out more about the event and how you can help. For questions or to RSVP for the planning meeting, please contact Hilary Kruchowy at hilary.kruchowy@adulthoodcenter.org. Pictured: Long-time wine tasting committee members Christine Flanagan & Lynn Fazen



May Support Group Topic is Announced

The date for the next support group is Saturday, May 20th and our speaker will be ADC consulting pharmacist Greg Lubinsky, RPh. His presentation is titled "Proper Medication Management for Caregivers and

their Loved Ones." Greg joins us once a year to help caregivers understand the dosages and potential interactions for all of the medications their loved ones are prescribed. Please bring a list with you and RSVP to Stacy (908) 725-0068 or sscelfo@adultdaycenter.org by May 17th. To learn more about the our support group please [click here](#).



ADC Recognized its Volunteers

The ADC celebrated National Volunteer Week last month. An average of 10 to 15 individuals participate in our volunteer program each week.

Our volunteers become part of our family, getting to know the staff and members alike and developing a sense of when to jump in and lend a hand as needed.

We are always seeking program volunteers, special event committee volunteers, Birthday Buddies, board members and Day of Caring sponsors. Click [here](#) to read more about our volunteer opportunities.



Investors Bank supports the ADC

The Investors Foundation recently awarded the ADC a \$1,000 grant. The funds helped the organization perform an audit on its IT infrastructure and update its operating system, email

platform, security and anti-virus systems. Thank you, Investors!

Pictured left to right: ADC member Loretta Mitchner; ADC Executive Director Diann Robinson; ADC member Juan Rivera; and Investors Bank Assistant Vice President Branch Manager (Pluckemin) Antie Celli



Spring Mural Appeal Update

The ADC announced our Spring Appeal in March. Our goal is to launch a summer-long project to design and install a mural in the main hallway, similar to the mural that was designed and painted Spring 2015 in the activity room. Members will be encouraged to participate in all aspects of the project including planning, preparing, and painting the walls. The total cost of the project is

projected at \$3,500; so far, we have received donations totaling \$1,200. We are looking for 22 more donations of \$100 each. Please click [here](#) to learn more and donate.



ADC Team's Anniversary Party

The ADC staff has been divided into three teams; each was assigned the challenge of taking over a day of programming to celebrate our 40th anniversary year. Last month, the first team picked the theme of "You've Come a Long Way Baby" and they scheduled activities with a 70's theme. For more information please click [here](#) and check out photos on our [Facebook page](#).



April Birthday Buddies

Our Birthday
Buddies for
April were

representatives from the Hunterdon Somerset Association of Realtors. These ladies have been joining us for many, many years. They are always generous, energetic and engaged. We are grateful for their ongoing support. Our May sponsor is Ed Wright. Ed is a member of our Board of Trustees and serves as its Secretary. To learn more about our Birthday Buddy program please click [here](#). Sponsors are needed for later this year.

Caregiver Cafe is Open

All ADC caregivers are invited on Fridays from 9:00 a.m. to 11:00 a.m. for coffee, pastries, and fellowship. This informal group is independent from ADC staff and is meant to give caregivers a friendly shoulder to lean on during difficult weeks, to share advice, and to provide encouragement in a positive environment. All caregivers are welcome to pop in for as little as five minutes or for the full 90 minutes. The next time the cafe is open will be on Friday, May 12, 19 and 26.

Caregiver Coalition of United Way of Northern NJ Programs

The ADC collaborates with the Caregiver Coalition of the United Way of Northern New Jersey. We are pleased to promote their upcoming programs.

Caregiver Coalition Monthly Meeting - The Caregiver Coalition meets once per month on the third Thursday at the JCC of Bridgewater at 9:30 a.m. The May meeting is scheduled for May 18th. Please call Stephanie Howland at (973) 993-1160 x534 for more information.

For more information click [here](#) or call (888) 338-9227.



May Activities

Please find attached the May calendar of activities. Of particular note are Community Day with Johnson & Johnson on Tuesday, May 9th with a dance party with Gary Morton, our Mother's Day Social on Friday, May 12th and our Memorial Day Picnic on Friday, May 26th.

Here is a [link](#) to our May calendar and [link](#) to the activities on our website.

ADC Executive Director Diann Robinson received a Proclamation in honor of the 40th Anniversary from Mayor Charles McMullin of Raritan.

Additional Information about the ADC

About the newsletter

Please email Hilary Kruchowy at hilary.kruchowy@adulthoodcenter.org if you have any suggestions about future features. Please feel free to forward the newsletter to your friends and colleagues. We are trying to build our mailing list. Currently there are over 1,000 names on our list. Thank you.

"Like" us on Facebook!

We update our Facebook pages two or three times a week with news of what is happening at the center. Please "Like" us and check out our photographs. It is a great way to see what your loved one is up to and how they are spending their day. We have reached 500 likes!

Mission

The Adult Day Center of Somerset County, a compassionate community of acceptance, is a non-profit agency committed to providing extraordinary day care services for the elderly and disabled residents of Somerset County, and support for caregiving families.



**United Way
of Northern New Jersey**

member agency