



Dear Friend of the ADC,

Welcome to the 2016 April edition of the Adult Day Center's monthly newsletter!

Our Generations Gala honoring Neil Van Cleef and Raritan Valley Community College is less than two months away and we need your help! Please consider joining us at The Palace on June 9th, or purchasing a journal ad congratulating our honorees or supporting the good work of the ADC. Click [here](#) for more information or visit our website.

This week is Volunteer Appreciation Week. We believe that volunteering is at the very core of being human and that no one has made it through life without someone's help. We are grateful for our team of volunteers who assist in the program every day. We truly couldn't provide the care and services we offer without them.

We are getting ready for spring and focusing on our gardens. We are looking for volunteers to clean up and weed the therapy garden and to plant flowers in our planters. We are also looking for individuals who might donate flowers.

We welcome your feedback and invite you to get to know more about us!

See you at the ADC!

Sincerely,

Diann Robinson
Diann Robinson
Executive Director

Generations Gala

The Generations Gala, our premier annual fundraising event, will be held this year on Thursday, June 9, 2016, at The Palace at Somerset Park at 5:30 p.m. This year we will honor Neil Van Cleef as our Individual Honoree, for his loyal and consistent support of the ADC and Somerset County. Our Community Partner is Raritan Valley Community College.

Mr. Van Cleef and Van Cleef Engineering Associates have been long-time supporters of our agency through our capital campaign and our gala. Widely known for his impact in Hillsborough, he is honored to be a part of this event.

We have been a community partner of Raritan Valley Community College for more than 20 years. Hundreds of students have volunteered with us through the college's Service Learning Program. We are pleased to recognize this affiliation.

The success of the Generations Gala is instrumental to the financial stability of the ADC. We hope that you will consider joining us at the dinner or placing an advertisement to congratulate the honorees or to express your appreciation of the ADC.

[Click here for Sponsorship Information.](#)



Pictured above: ADC Board Chair Dave Tucker; ADC Executive Director Diann Robinson; Gala Honoree Neil Van Cleef; and Gala Committee Member Cynthia Norfleet.



Member Robert Spiwak helped Team 1 collect donations.

Spring Team Projects

The ADC staff were divided into three teams and assigned the challenge of taking over a day of programming. They were to identify a theme that hasn't been done for a while to create some interesting activities. The themes are set, and on April 15th we will have Fire Safety Day; Hawaiian Day on April 22nd; and Pet Lovers Day on April 26th. As part of the plans for Pet Lovers Day, Team 1 is holding a pet food and supply drive in honor of National Pet Day and the ASPCA's 150th Anniversary. They are collecting food and supplies for homeless animals. Items collected will be donated to Somerset Regional Animal Shelter in Bridgewater. For more information click [here](#).

Horticultural Therapy Week

The ADC celebrated Horticultural Therapy Week on Monday, March 28, 2016. Members, staff and special guests Senator Kip Bateman, NJ District 16; Somerset County Freeholder Brian Levine; Somerset County Freeholder Patricia Walsh; and Jack Otterbein, Vice President, New Jersey Nursery and Landscape Association, took part in activities presented by Laura DePrado of Final Touch Plantscaping. Click [here](#) to read more on our website.



Pictured left to right: ADC Member Nina Guerriero; Senator Kip Bateman; ADC Activity Assistant Debbie Cocina; ADC Member Pauline Meske; Therapist Laura DePrado; ADC Board President Dave Tucker; Freeholder Pat Walsh; ADC Member Tom Blue; Vice President, New Jersey Nursery and Landscape Association Jack Otterbein; Freeholder Brian Levine; and ADC Member Bobby Rembilas.



Pictured left to right: Bob Milligan, Vice Chair; Dave Tucker, Chair; and Ed Wright, Secretary.

Thank You ADC Volunteers

The ADC will celebrate National Volunteer Week from April 11-15. National Volunteer Week is about taking action and encouraging individuals and their respective communities to be at the center of social change - discovering and demonstrating their collective power to make a difference.

At the ADC an average of 10 to 15 individuals participate in our volunteer program each week. Our volunteers become part of the ADC family, getting to know the staff and members alike and developing a sense of when to jump in and lend a hand as needed.

Our 14-member volunteer Board of Trustees lead the ADC in implementing our mission. Our 2016 executive board consists of Dave Tucker, Chair; Bob Milligan, Vice Chair; Ed Wright, Secretary; and Dave Mendez, Treasurer. Other members include Michael Caruso, Lynn Fazen, Christine Flanagan, Tom Grady, Patrick McDermott, Lorraine Nicholls, Denis O'Hara, Janice Reitman, Ken Scherer and Kevin Stagg. Click [here](#) to learn more about the ADC's volunteer program.

Caregiver Support Group: Upcoming Dates and Topics

Here are the dates and topics for upcoming caregiver support group meetings.

Saturday, May 14th - Guest Speakers: Cintia Vargas and Clare Zeszotarski of Fox Rehabilitation Services.

Saturday, June 11th - Guest Speaker: Laura Hawkins, MSW, LSW, Coordinator of Education and Outreach for Alzheimer's New Jersey.

Click [here](#) for more information about the support group. Please RSVP to Stacy Seclfo by email at ssclfo@adulthoodcenter.org or by phone at [\(908\) 725-0068](tel:(908)725-0068) to confirm your attendance.

What's On Our Walls?

We are pleased to present an exhibition of photographs by Simon Laufer called "Driving in the Rain." Curated by Ricardo Barros, it includes 12 photographs that are available for purchase. Laufer finds beauty at moments when other photographers might rightly lament that they have been deprived of their vision. He was not frustrated in trying to look through a rain-drenched windshield; he found beauty by looking at it. For more information see his website [here](#) or visit our [website](#).



Join the ADC team and support Affinity Federal Credit Union

The ADC is a proud community partner of the Affinity Federal Credit Union and receives grant funding for general operations through their Foundation. To show our support we have agreed to participate and spread the word about their "Chasing the American Dream 5K" and "Children's High Jinx Olympics" on Thursday, July 28th, 2016 at Duke Island Park, Bridgewater. Proceeds from the event will be distributed among their community partners and they will donate back to us any dollars raised on our behalf. Click [here](#) for more information. If you are interested in joining the ADC's team, please contact Hilary in the development office at [\(908\) 725-0068](tel:(908)725-0068) or hilary.kruchowy@adulthoodcenter.org.

ADC Presents Our Wish List

Each year ADC staff is given a chance to build our Wish List. We identify equipment and tools we need that will add to our ability to present stimulating and engaging programs as well as to monitor our member's health. This is our 2016 Wish List.

With a donation of \$2,000 we would underwrite:
Our IT infrastructure update project.

With a donation of \$1,000 we would purchase the following:
2 Bose Stereo Systems to bring music to the activity rooms and cafeteria.

With a donation of \$500 we would purchase the following:
A laptop computer to help us with keeping attendance, making presentations in the community and providing another work station for volunteers.
Nikon E3200 DSLR Camera to upgrade the quality of our photographs.
LCD Projector for staff training and board presentations.
2 New Blood Pressure Machines.

With a donation of \$250 we would purchase the following:
Apple wireless base station and extender for WiFi.
Sound bar for activity room
New Bingo set with boards
Therapeutic musical instrument set
Salon supplies (new rollers, towels, brushes combs, nail-care items)

With a donation of \$100 we would purchase the following:
Kitchen tools and utensils for the therapy kitchen

Birthday Buddies

We have wonderful news! We have been fortunate to schedule Birthday Buddies for every month this year except for November. Thank you to the following for agreeing to make the day of our members:

Hunterdon/Somerset Board of Realtors (April)
New Road School (May)

Cindy Meyer and the Meyer Family (June)
Bill and Lisa Weber (July)
E.A. Boniakowski Insurance Services (August)

Janice and Rich Reitman (in honor of Anita Ventantonio) (September)
The Strosser Family (October)
Brandywine Senior Living at Middlebrook Crossing (December)



Thank you Christina Esandrio and Brandywine Senior Living.



Bridgewater Women's Club Contributes Goody Bags for Easter Party.

Members of the Bridgewater Women's Group dropped off goody bags for our members to be given out at our Easter Party last month. The group has done this for years because they like to spread a little sunshine to older adults in our community. Thank you for your time and generosity!

Thinking Ahead: Planning for the Future

Our "Thinking Ahead: Planning for the Future" education event was a success and well-attended by 30 caregivers, former caregivers and board members. We thank Thomas Murphy from the Murphy Law Firm and Brad Mehl from Morgan Stanley for sharing their time and expertise with us and Bob Milligan of Morgan Stanley and Vice Chair of the ADC board for spearheading the session and the efforts of the board's development committee. Please check back in the fall when we announce the date and topic for our next session.

April Activities



This month we are celebrating volunteers and spring. Our annual Spring Chorus Concert is scheduled for Wednesday, April 20th. Staff teams will be presenting Fire Safety Day on April 15th, Hawaiian Day on April 22nd and Pet Appreciation Day on April 26th. Van trips are planned to Walmart and the Amish store. Horticultural Connections will be starting back up this month just in time for spring planting on April 19th.

Here is a [link](#) to our April calendar and a [link](#) to the list of activities on our website.

Additional Information about the ADC

About the newsletter

Please email Hilary Kruchowy at hilary.kruchowy@adulthoodcenter.org if you have any suggestions about future features. Please feel free to forward the newsletter to your friends and colleagues. We are trying to build our mailing list. Currently there are 950 names on our list. Thank you.

"Like" us on Facebook!

We update our Facebook pages two or three times a week with news of what is happening at the center. Please "Like" us and check out our photographs. It is a great way to see what your loved one is up to and how they are spending their day. To date we are 50 "Likes" away from 500.

Mission

The Adult Day Center of Somerset County, a compassionate community of acceptance, is a non-profit agency committed to providing extraordinary day care services for the elderly and disabled residents of Somerset County, and support for caregiving families.

member agency