



Dear Friend of the ADC,,

Welcome to the 2016 February edition of the Adult Day Center's monthly newsletter!

The winter is flying by quickly, thankfully, and we are hoping that we are finished with snow. We are looking forward to the spring but we have much to look forward to this month. We will be holding a "Sweetheart Dance" in honor of Valentine's Day on February 11th at 1:00 p.m., and are inviting our caregivers to join us. It will be a special afternoon for all!

Please take the time to read this newsletter. We are pleased to announce the honorees for our 2016 Generations Gala and our 2016 slate of officers for the Board of Trustees. You will find news about a donation from Unity Bank and our calendar of educational programs for the spring.

We welcome your feedback and invite you to visit the ADC if you get a chance.

See you at the ADC!

Sincerely,

*Diann Robinson*  
Diann Robinson  
Executive Director

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## Generations Gala

The Generations Gala, our annual fundraising event, will be held this year on Thursday, June 9, 2016, at The Palace at Somerset Park at 5:30 p.m. This year we will honor Neil Van Cleef as our Individual Honoree, for his loyal and consistent support of the ADC and Somerset County. Our Community Partner is Raritan Valley Community College.

Mr. Van Cleef and Van Cleef Engineering Associates have been long-time supporters of our agency through our capital campaign and our gala. Widely known for his impact in Hillsborough, he is honored to be a part of the gala.

We have been a community partner of Raritan Valley Community College for more than 10 years. Hundreds of students have volunteered with us through the college's Service Learning Program. We are pleased to recognize this affiliation.



Pictured above:  
Gala Chair Ken Scherer;  
Executive Director Diann Robinson;  
Gala Honoree Neil Van Cleef; and  
Cynthia Norfleet of Van Cleef  
Engineering Services.

[Click here for Sponsorship Information.](#)

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Pictured above: Michael Novak,  
Senior Vice President  
Unity Bank presented  
ADC Social Worker  
Stacy Scelfo and Member  
Paul Antonoff with  
Unity Bank's contribution.

## Unity Bank Sponsors Support Group

Unity Bank recently contributed to the ADC to underwrite the expenses of our Caregiver Support Group, which meets the second Saturday of every month. Our support group has been part of the fabric of ADC programming for 17 years. We are grateful for this donation, which will underwrite refreshments, marketing and other staff expenses.

The date for the next support group is Saturday, February 20th, and our speaker will be Amy Kaelin from the Somerset County Office on Aging and Disability Services. She will discuss Family Dynamics while Caregiving. To learn more about the partnership between Unity Bank and the ADC or to see a list of future support group dates, please [click here](#).

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## ADC Celebrated Our Activity Staff

In conjunction with the National Association of Activity Professionals (NAAP), we celebrated Activity Professionals Week last month. The ADC attributes its reputation for outstanding care and compassion to the longevity and dedication of its activity staff, many of whom have been on the team for longer than ten years.



Pictured above: The ADC Team were presented certificates of appreciation on Pajama Day last month.



Pictured above: Zumba Instructor Val from the Somerset County YMCA receives encouragement and support from members Maria Saggese and Jim Atfield.

## Thank you Somerset County YMCA

The ADC is pleased to announce the continuation of its collaboration with the Somerset County YMCA. Each month we are privileged to have two YMCA instructors visit our Bridgewater facility. Our members greatly enjoy Zumba with Val, and Tai Chi with Bobbi. Both of the classes are well attended and looked forward to each month.

## ADC was recognized by RVCC

The ADC was recognized last month at Raritan Valley Community College's annual Community Partner Breakfast with their "MLK Drum Major for Service Award." We were commended for our work with Lori Moog and the Service Learning Department. Each semester students intern at the ADC and gain valuable experience working with our members, nurses and activity professionals. About this partnership our Executive Director Diann Robinson says, "RVCC students are always professional, creative and conscientious when they work with our members. We learn a lot, the members enjoy interacting with them, and the students gain hands-on experience with our population. We look forward to meeting our new class of students this spring."

## Thank you Herb Hall

We are pleased to recognize Herb Hall, a former member of our Board of Trustees, for his ongoing support of the ADC. Herb created the Ethelyn Hall Memorial Fund in honor of his mother Ethelyn who was a member at the ADC several years ago. He established this fund to underwrite monthly expenses for entertainment, the craft room, and Cooking Club. Last week Herb was a guest of honor at our weekly Cooking Club.



Pictured above: Guest of Honor Herb Hall poses with ADC members, Craft Director MaryAnn Royce Koehler and Assistant Activity Director Nikki Hoffman.

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## January Birthday Buddies

Our Birthday Buddy for January was Natalie Quinn, wife of member George Quinn. During the party members and guests were entertained by DJ and singer Gary Morton. The party included gifts for celebrants, and cake and cookies for all. Along with the monthly birthday party, Bingo was on the agenda for the day. Prizes were brought by Marjorie Jules, daughter of member Esther Jules. To learn more about our Birthday Buddy program please click [here](#). Sponsors are needed for February and later this Fall.



Pictured above: Natalie and George Quinn.

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## Save the Date: April 13 Education Event

Please join us for a night of information and fellowship at the center on Wednesday, April 13th, from 6:00 p.m. to 8:00 p.m. Light refreshments will be served. Thomas Murphy, Elderlaw Attorney, The Murphy Law Firm will present "Healthy, Wealthy and Wise" and Brad Mehl, CFP® Associate Vice President - Financial Advisor, Morgan Stanley, will present "Disciplined Giving is Part of a Healthy Financial Life." This event marks the second in a series of educational events that focus on planning for the future. You may reserve a spot now by contacting Hilary Kruchowy, Director of Development by email [hilary.kruchowy@adulthoodcenter.org](mailto:hilary.kruchowy@adulthoodcenter.org) or by phone [\(908\) 725-0068](tel:9087250068).

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## Caregiver Coalition of United Way of Northern NJ Upcoming Programs

The ADC collaborates with the Caregiver Coalition of the United Way of Northern New Jersey. We are pleased to promote their upcoming programs.

**Caregiver Coalition Monthly Meeting** - The Caregiver Coalition meets once per month on the third Thursday at the JCC of Bridgewater at 9:30 a.m. The February meeting is scheduled for

February 18th. Please call Stephanie Howland at  [\(973\) 993-1160 x534](tel:973-993-1160)  for more information.

**ADC to host March Munch and Learn** - On March 29th from 5:30 p.m. to 7:00 p.m., the ADC will host one of the Caregiver Coalition's "Munch & Learns." The speaker is Kimberly Rescorla. Ms. Rescorla is Vice President and Senior Trust Officer with U.S. Trust, Bank of America Private Wealth Management in the Greater Tri-State Region, where she is responsible for overseeing account administration, delivering wealth structuring, trust, estate and philanthropic planning, as well as custom credit and cash management solutions to clients. Her topic is "Getting Organized: Tips for Financial Caregiving." She will cover some ways to organize you and your loved one's finances to help prepare for life's unpredictable moments, and manage crisis situations. Click [here](#) for a Link for the Munch and Learn Flyer

For more information on the United Way Caregivers Coalition Conference Series or any of the programs above click [here](#), email [CaregiversCoalition@UnitedWayNNJ.org](mailto:CaregiversCoalition@UnitedWayNNJ.org) or call  [\(888\) 338-9227](tel:888-338-9227) .

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## 2016 Board Leadership Announced

The Adult Day Center of Somerset County is pleased to announce the 2016 slate of officers of the Board of Trustees. The slate is as follows: Chair, Dave Tucker; Vice-Chair, Bob Milligan; Treasurer, Dave Mendez; and Secretary, Ed Wright. The ADC is thankful to have such dedicated individuals on our Board. The strength of any non-profit social service agency can be found in its volunteer leadership. We are indeed fortunate to have these Board Members lead the ADC.

Click [here](#) to see our full list of Board Members

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## Senior Wellness Center at Bridgewater to open February 26th

We are happy to announce the opening day for our new neighbors at the Senior Wellness Center at Bridgewater. Their opening day is scheduled for Monday, February 29th. The Senior Wellness Center at Bridgewater is a county-operated senior center that will offer a wide range of experiences for active older adults. Their services and programs include computer courses, exercise and evidence-based wellness classes, social events, games, health screenings, educational presentations, community service opportunities and more. [Here](#) is a link to the Somerset County Office on Aging and Disability Services to learn more.

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## February Activities

We have a lot of celebrations planned this month starting with a visit from Elvis on February 5th, a Chinese New Year Party on February 8th, a Sweetheart Dance with DJ Gary Morton on February 11th and our Monthly Birthday Party on February 26th.

Here is a [link](#) to our February calendar and a [link](#) to the list of activities on our website.

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## Additional Information about the ADC

### **About the newsletter**

Please email Hilary Kruchowy at [hilary.kruchowy@adulthoodcenter.org](mailto:hilary.kruchowy@adulthoodcenter.org) if you have any suggestions about future features. Please feel free to forward the newsletter to your friends and colleagues. We are trying to build our mailing list. Currently there are 950 names on our list. Thank you.

### **"Like" us on Facebook!**

We update our Facebook pages two or three times a week with news of what is happening at the center. Please "Like" us and check out our photographs. It is a great way to see what your loved one is up to and how they are spending their day. To date we are 50 likes away from 500.

### **Mission**

The Adult Day Center of Somerset County, a compassionate community of acceptance, is a non-profit agency committed to providing extraordinary day care services for the elderly and disabled residents of Somerset County, and support for caregiving families.

member agency

Adult Day Center of Somerset County | 872 E. Main Street Bridgewater NJ 08807