



Dear Friend of the ADC,

Welcome to the 2016 May edition of the Adult Day Center's monthly newsletter!

Every day I see firsthand the love our ADC families share and I am humbled at the devotion of our caregivers. Looking forward to the upcoming weekend, I want to wish all the ADC caregivers and members that are moms, grandmas, and great-grandmothers a very Happy Mother's Day!

Our Generations Gala honoring Neil Van Cleef and Raritan Valley Community College is less than one month away and we need your help! Please consider joining us at The Palace on June 9th, or purchasing a journal ad congratulating our honorees or supporting the good work of the ADC. Click [here](#) for more information or visit our website.

We are getting ready for spring and focusing on our gardens. We are looking for volunteers to clean up and weed the therapy garden and to plant flowers in our planters. We are also looking for individuals who might donate flowers or gift cards to the Home Depot or Lowe's.

We welcome your feedback and invite you to get to know more about us!

See you at the ADC!

Sincerely,

Diann Robinson
Diann Robinson
Executive Director

Generations Gala

The Generations Gala, our premier annual fundraising event, will be held this year on Thursday, June 9, 2016, at The Palace at Somerset Park at 5:30 p.m. This year we will honor Neil Van Cleef as our Individual Honoree, for his loyal and consistent support of the ADC and Somerset County. Our Community Partner is Raritan Valley Community College.

The success of the Generations Gala is instrumental to the financial stability of the ADC. We hope that you will consider joining us at the dinner or placing an advertisement to congratulate the honorees or to express your appreciation of the ADC.

Thank you to our [Vice Chairs](#) for their leadership support of the event.

[Click here for Sponsorship Information.](#)



Pictured above:
Honoree Neil Van Cleef



Member Herb Derewitz tried on a fireman's uniform loaned to us by ADC Assistant Activity Director Nikki Hoffman.

Spring Team Projects

The ADC staff were divided into three teams and assigned the challenge of taking over a day of programming. They were to identify a theme that hasn't been done for a while to create some interesting activities. On April 15th we had Fire Safety Day; Hawaiian Day on April 22nd; and Pet Appreciation Day on April 26th. As part of the plans for Pet Appreciation Day, Team 1 held a pet food and supply drive in honor of National Pet Day and the ASPCA's 150th Anniversary. They collected food and supplies for homeless animals. It will be donated to Somerset Regional Animal Shelter in Bridgewater. For more information about the special days click [here](#) and check out our [Facebook](#) page.

United Way Caregiver Coalition's Caregivers Night Out

The United Way of Northern New Jersey's Caregiver Coalition's next Caregivers Night Out is scheduled for Tuesday, May 10th at Trade Wins Restaurant, Bridgewater from 6:30 p.m. to 8:00 p.m. The goal of the Caregivers Night Out is for caregivers to get a chance to get away from their duties and to enjoy the company of other caregivers. The night out is free for all caregivers. Click [here](#) for more information.

Consider a tribute gift



If you aren't quite sure what to get your mother for Mother's Day or your Father for Father's Day perhaps a gift in his or her honor would be something they would appreciate. ADC invites you to give a "Tribute Gift" to our Annual Campaign, Annual Gifts provide for the financial stability of the ADC and allow us to offer quality day care services to all who need them. A tribute gift is an appropriate and lasting way to turn your fond memories and love for your family member into a memorable tribute.

For more information, please click [here](#).



ADC Volunteers Celebrated National Volunteer Week

Thank You ADC Volunteers

The ADC celebrated National Volunteer Week last month. At the ADC an average of 10 to 15 individuals participate in our volunteer program each week. Our volunteers become part of the ADC family, getting to know the staff and members alike and developing a sense of when to jump in and lend a hand as needed.

The ADC is always seeking program volunteers, special event committee volunteers, birthday buddies, board members and day of caring sponsors. Click [here](#) to read more about our volunteer opportunities.

Caregiver Support Group: Upcoming Dates and Topics

Here are the dates and topics for upcoming caregiver support group meetings.

Saturday, May 14th - Guest Speakers: Cintia Vargas and Clare Zeszotarski of Fox Rehabilitation Services.

Saturday, June 11th - Guest Speaker: Laura Hawkins, MSW, LSW, Coordinator of Education and Outreach for Alzheimer's New Jersey.

Click [here](#) for more information about the support group. Please RSVP to Stacy Scelfo by email at sselfo@adulthoodcenter.org or by phone at [\(908\) 725-0068](tel:(908)725-0068) to confirm your attendance.

What's On Our Walls?

We are pleased to present an exhibition of photographs by Simon Laufer called "Driving in the Rain." Curated by Ricardo Barros, it includes 12 photographs that are available for purchase. This exhibition will be on view through June 11 from 7:30 a.m. to 4:30 p.m. Monday through Friday and on Saturday, May 14 from 10:00 a.m. to 1:00 p.m. For more information see his website [here](#) or visit our [website](#).

Join the ADC team and support Affinity Federal Credit Union

The ADC is a proud community partner of the Affinity Federal Credit Union and receives grant funding for general operations through their Foundation. To show our support we have agreed to participate and spread the word about their "Chasing the American Dream 5K" and "Children's High Jinx Olympics" on Thursday, July 28th, 2016 at Duke Island Park, Bridgewater. Proceeds from the event will be distributed among their community partners and they will donate back to us any dollars raised on our behalf. Click [here](#) for more information. If you are interested in joining the ADC's team, please contact Hilary in the development office at [\(908\) 725-0068](tel:(908)725-0068) or hilary.kruchowy@adulthoodcenter.org.

ADC Presents Our Wish List

Each year ADC staff is given a chance to build our Wish List. We identify equipment and tools we need that will add to our ability to present stimulating and engaging programs as well as to monitor our member's health. This is our 2016 Wish List.

With a donation of \$2,000 we would underwrite:
Our IT infrastructure update project.

With a donation of \$1,000 we would purchase the following:
2 Bose Stereo Systems to bring music to the activity rooms and cafeteria.

With a donation of \$500 we would purchase the following:
A laptop computer to help us with keeping attendance, making presentations in the community and providing another work station for volunteers.
Nikon E3200 DSLR Camera to upgrade the quality of our photographs.

LCD Projector for staff training and board presentations.
2 New Blood Pressure Machines.
Temporal artery thermometer

With a donation of \$250 we would purchase the following:

Apple wireless base station and extender for WiFi.
Sound bar for activity room.
Therapeutic musical instrument set.
Salon supplies (new rollers, towels, brushes, combs, nail-care items).

With a donation of \$100 we would purchase the following:

Kitchen tools and utensils for the therapy kitchen.

Birthday Buddies

Thank you to the Hunterdon/Somerset Association of Realtors for sponsoring our April birthday party! We are so grateful to them for their continued support of the ADC. They have been celebrating with us for many years. Members enjoyed their presents, special birthday cake and the music of DJ Gary Morton.

The May birthday buddy is the New Road School of Somerset. The party will be celebrated on Wednesday, May 25th.



Thank you to Hunterdon/Somerset
Association of Realtors.

May Activities



This month we are celebrating Mother's Day and spring. We are looking forward to welcoming entertainers James Barba, Devon and Athenia, and Gary Morton. We are hosting a Mother's Day Celebration on Friday May 6th; Ice Cream and Bingo Social on May 13th; and a Memorial Day Picnic with DJ Joe on May 27th. Our monthly birthday party is being hosted by New Road School on May 25th.

Here is a [link](#) to our May calendar and a [link](#) to the list of activities on our website.

Additional Information about the ADC

About the newsletter

Please email Hilary Kruchowy at hilary.kruchowy@adulthoodcenter.org if you have any suggestions about future features. Please feel free to forward the newsletter to your friends and colleagues. We are trying to build our mailing list. Currently there are more than 1,000 names on our list. Thank you.

"Like" us on Facebook!

We update our Facebook pages two or three times a week with news of what is happening at the center. Please "Like" us and check out our photographs. It is a great way to see what your loved one is up to and how they are spending their day. To date we are 50 "Likes" away from 500.

Mission

The Adult Day Center of Somerset County, a compassionate community of acceptance, is a non-profit agency committed to providing extraordinary day care services for the elderly and disabled residents of Somerset County, and support for caregiving families.
