



## Presenting our April Newsletter



Dear Friend of the ADC,

This month, we are celebrating National Volunteer Recognition Week from April 13th-17th. We are grateful to have a fun, dedicated group of enthusiastic volunteers. This is our opportunity to honor their continuing devotion to our mission. They patiently support staff and members alike in activities, at meal time and at parties.

We will enjoy honoring our program and special events volunteers at a luncheon on Friday, April 10th. The roster of volunteers, of course, includes the 13-member Board of Trustees, whom we will celebrate at our regular monthly meeting on April 15th.

To all our volunteers we extend our admiration and gratitude as they help us meet our challenges and accomplish our goals. We could not serve our members and families without them.

I hope you will join us for the Generations Gala on May 28th. This event is one of our two major fundraising events that provide operating support to keep our fees affordable. Our mission is to make sure that our service is available to all Somerset County families even if they can't afford the daily fee. There are many opportunities for participation. Click [here](#) to find the sponsorship form.

See you at the ADC!

Sincerely,

Diann Robinson  
Executive Director

## We will celebrate Earth Day Later This Month!



### In This Issue:

- \* Please join us for our Generations Gala on May 28th.
- \* ADC Will Celebrate our Volunteers from April 13th through 17th
- \* Support Group Meeting is scheduled for April 11th.
- \* ADC Helps Girl Scouts Fulfill Their Silver Award
- \* Stop in to see our exhibition featuring ARTSee of Somerset County
- \* Update on our Spring Appeal for Mural Project
- \* ADC Celebrated Horticultural Therapy Week
- \* Spread the Word: United Way Gateways to Financial Empowerment is joining forces with the IRS and community partners to provide free tax preparation to ALICE.
  - \* Thank you to the Somerset County Cultural and Heritage Commission for sending Harpist Clarita Ramos
- \* Bridgewater Women's Group Donate Goody Bags
- \* Special April Programs.

### Regular features

- \* Caregiver Café is open on Fridays.
- \* RSVP for a Third-Thursday Tour.
- \* Join us as a "Birthday Buddy" on a Fourth Friday: sponsors are needed for 2015

**Join us for our 2015 Generations Gala on May 28th**

The Generations Gala, our annual fundraising gala, will be held this year on Thursday, May 28, 2015, at the Palace at Somerset Park at 5:30 p.m. This year we will honor Doris Boniakowski Zampella for her loyal and consistent support of the ADC, and Corporate Partner Carolina Wine Brands for their 16-year commitment to our annual wine-tasting event.

Thank you to our sponsors who have committed to the success of the evening.

**Entertainment Sponsors**

Bob Cagnassola, Suplee Clooney & Company

**Vice Chairs**

Neil Barnett, Fedway Associates, Inc.

Joseph Boniakowski, ERA Boniakowski Real Estate  
CareOne at Somerset Valley

William Cooper, Jr., Cooper & Rodgers P.C.

Gibson Family Foundation

Dave Mendez, Law Coffee

Lucy Lombardi Molinaro, Seaboard Brokers, Inc.

Jeanne Perantoni, SSP Architectural Group, Inc.

Rich Scelfo, Carolina Wine Brands

Neil Van Cleef, Van Cleef Engineering Associates, Inc.

Stephen and Michael Zampella, Rita's Bridgewater & Somerville

The deadline for being included in the journal is Friday, May 15th. Click [here](#) to register or [here](#) to download the registration form.



*Individual Honoree: Doris Zampella*



*Corporate Honorees: Carolina Wine Brands*

**ADC will celebrate our volunteers**

This month, we celebrate Volunteer Appreciation Week from April 13th-17th. We look forward to celebrating everyone who contributes their time to the ADC. Our plans include a volunteer lunch on Wednesday, April 9th, a campaign on our Facebook page called "30 Days of Volunteers," and special appreciation events throughout the month.



*Pictured left to right: Davina Vimavalong, a former employee volunteers on Fridays on her day off from her new job, and Kathleen Ducey who volunteers every Tuesday and Friday.*

**The Caregiver Support Group will meet on Saturday, April 11th.**

Our Caregiver Support Group will be held on Saturday, April 11th at 10:00 a.m. Rashmi Srinivas, MD, of the Summit Medical Group will be joining us. She will be discussing "Effective Communications with Medical Professionals." As usual, feel free to bring your loved one, as activity staff is here to keep them company. Please RSVP to Stacy or Diann if you are planning to attend. They can be reached at [\(908\) 725-0068](tel:9087250068).

The schedule for 2015 has been set for these Saturdays:

|                |               |
|----------------|---------------|
| May 2nd        | October 3rd   |
| * June 6th     | November 14th |
| July 11th      | December 12th |
| September 12th |               |

\* Please note the new date for our June support group.

**ADC helps Troop 60116 fulfill their Silver Award**

Girl Scouts, Rebecca and Jenna, from the Heart of New Jersey Troop 60116, have enlisted the support of our members to help them complete their project for their Silver Award. The Scouts are making blankets for dogs at the Somerset Regional Animal Shelter. The blankets are given to the dogs when they get to the shelter. They take them with them when they are adopted. This gives them something familiar to take with them to their new homes. The Scouts had assembled two-layer blankets and cut fringes in the edges, aligned top and bottom. Working with the Scouts, members tied the fringes from the two layers to secure the two layers, creating a decorative edge for the blankets.



*Pictured left to right: Girl Scouts Rebecca and Jenna; ADC Executive Director, Diann Robinson; Member Geri Cordiano; and Activity Assistant Nikki Hoffman*

### **ARTSee of Somerset County to exhibit work until May 1st**

Our spring exhibition titled "Selected Works by Members of ARTSee Of Somerset County," features 30 works from eight representatives. The exhibit will be on view through May 1st, Monday through Friday, from 8:30 a.m. until 4:30 p.m.

ARTSee is a group of two dozen artists from the Bernardsville-Basking Ridge, NJ area, who have come together to create events showcasing and promoting their vibrant arts community. Artists included in the exhibit are Gail Mardfin, Bernardsville; Jolanta Talaikiene, Far Hills; Doug Schon, Mountainside; David Hull, Basking Ridge; Tammy DeVoe, Basking Ridge; Sonja Kuhfahl, Bernardsville; Caren Frost Olmsted, Basking Ridge; and Alex Bigatti, Basking Ridge. Most works are available for purchase. Please contact Hilary Kruchowy for more information at [hkruchowy@adulthoodcenter.org](mailto:hkruchowy@adulthoodcenter.org) or [908-725-0068](tel:908-725-0068).



*Pictured above: Doug Schon of ARTSee*

Later this spring, we are looking forward to a second exhibition, curated by Loren Fisher, of photographers from his meet-up photography group. In addition, our second "All About Us" Exhibition will focus on our members and their personal stories later this summer.

### **ADC Announces Spring Appeal to Underwrite Proposed Mural Project**

As we mentioned last month, we launched a spring appeal to help us meet a special challenge. We would like to launch a year-long project to design and install a mural in the activity room. To achieve this, we have identified two art therapists, one of whom is Suzanne Herall, who is also a therapist with Creative Notions and who is a regular presenter at the ADC, to work with the members. We have put together the timeline

for the project and expect it to take six to eight months. Members will be encouraged to participate in all aspects of the project including planning, preparing, and painting the walls. The total cost of the project is projected at \$3,500.

Thank you very much to the donors who generously donated to the appeal of \$3,500. We are still shy of our goal. Would you consider a tax-deductible donation?

### **The ADC Celebrated Horticultural Therapy Week**

Last month Freeholder Patrick Scaglione and Freeholder Pat Walsh joined ADC Executive Director Diann Robinson for a tour of the ADC and for our Horticultural Therapy Week celebration. They participated in our Horticultural Connections program and helped the members complete their tasks. Thank you Freeholders for taking the time to join us! Click [here](#) to see the article about the visit in the Courier News.



*Pictured left to right: Freeholder Pat Walsh; ADC Board Chair Anita Ventantonio; Horticultural Therapist Laura DePrado; ADC Executive Director Diann Robinson; and Freeholder Patrick Scaglione.*

**United Way Gateways to Financial Empowerment is joining forces with the IRS and community partners to provide free tax preparation to ALICE and low-income residents in northern New Jersey.**

The United Way of Northern New Jersey has asked us to announce that United Way Gateways to Financial Empowerment is joining forces with the IRS and community partners to provide free tax preparation to ALICE (Asset Limited, Income Constrained, Employed) and low-income residents in northern New Jersey. If you have a simple return - 1040, 1040A, 1040EZ, Schedules A & B - you can utilize their free tax sites. Day, evening, and weekend hours are available by appointment only. Sites will be available through Tax Day.

There are three ways to get connected to a tax prep site near you

1. Anyone in New Jersey can dial 2-1-1 to be connected to a local tax site.
2. Northern New Jersey residents can make appointments by calling the numbers listed below:
  - If you live in Morris, Sussex, or Warren counties, call [888.387.9830](tel:888.387.9830), x3502.
  - If you live in Somerset County, Millburn, or Short Hills, call [908.253.6521](tel:908.253.6521).
  - If you live in Suburban Essex, call [877.652.1148](tel:877.652.1148), x27.
3. Northern New Jersey residents can also make appointments online. Click [here](#).

**New this year**

Anyone receiving health insurance through the Health Insurance Marketplace may be eligible for the health premium tax credit. This tax credit can help make purchasing health insurance coverage more affordable for people with moderate incomes. United Way's tax volunteers can help your clients learn if they qualify.

Community members must bring their Social Security Card in order to file their taxes. If they do not have a Social Security Card, they will need to bring their Individual Tax Identification Number (ITIN). If they do not have an ITIN, United Way of Northern New Jersey is a Certified Acceptance Agency. United Way volunteers can help community members obtain an ITIN.

**Can't get to a free tax prep site? No problem!**

United Way also partners with MyFreeTaxes to provide community members with a free online service to do their federal and state tax returns from their personal computer. Anyone earning \$60,000 or below can take advantage of this site!

**Spread the word**

Please share this information with your friends, family, clients, and employees.

If you have any questions or need additional information, email Monica Conover, or call [908.253.6529](tel:908.253.6529).



**Harpist Clarita Ramos played at the ADC**

Thank you to Pat McGarry and The New Jersey State Council on the Arts Local Arts Program Grant for sending harpist Clarita Ramos to the ADC last month. Ms. Ramos performed a series of contemporary songs that lend themselves to a sing-a-long. It was not at all what we were expecting and it was a wonderful surprise and treat for us.



**Bridgewater Women's Club Contributes Goody Bags for Our Easter Party.**

Rita Coleman and Barbara Lubrani of the Bridgewater Women's Group dropped off goody bags for our members to be given out at our Easter Party. The group has done this for years. It is the eighth time for Mrs. Coleman and Mrs. Lubrani. The group likes to spread a little sunshine to older adults in our community. Thank you for your time and generosity!



*Rita Coleman and Barbara Lubrani of the Bridgewater Women's Club*

## **April Programs**

There is a lot happening at the ADC this month. Our programs are featuring getting ready for our Easter Celebration and Spring Chorus Concert and celebrating our volunteers. Gary Morton will be with us twice to lead choir practice for the Spring Concert. Members have a choice of three trips to Saladworks, Flaming Grill and Walmart.

Some additional highlights:

The "Creative Notions" April workshop will feature the life and work of artist Georgia O'Keeffe who has been called one of America's greatest female artists. She earned this title during a time in history when it was only proper for women to teach art. During the hands-on workshop, participants will have the opportunity to create their own floral paintings. Afterwards, all paintings will be signed and framed.

## **List of activities**

April 1st - Practice for the Spring Concert  
April 2nd - Tae Kwon Do with Master Kim  
April 2nd - Easter Celebration  
April 3rd - ADC is closed for Good Friday  
April 6th - Zumba with Val from the Somerset Valley YMCA  
April 8th - Horticultural Connections  
April 10th - Caregiver Café  
April 10th - Welcome Entertainer James Barba  
April 14th - Creative Notions  
April 14th - Tai Chi with Bobbi from the Somerset Valley YMCA  
April 15th - Board of Trustees Meeting  
April 15th - Spring Chorus Concert  
April 16th - Third-Thursdays Tour  
April 16th - Van Trip to Saladworks  
April 17th - Van Trip to Flaming Grill  
April 17th - Caregiver Café  
April 17th - Volunteer Recognition Social  
April 21st - Horticultural Connections  
April 22nd - Tae Kwon Do with Master Kim  
April 24th - Caregiver Café  
April 24th - Monthly Birthday Party  
April 28th - Van Trip to Walmart

## **Regular Features**

### **Caregiver Café is open!**

The Caregiver Café is hosted by Linda Lee, a Center caregiver and volunteer, from 9:30 a.m. to 11:00 a.m. Stop by and meet other caregivers who are facing the same challenges as you. This month the Café will be open on April 10th, 17th and 24th.

### **RSVP for a Third-Thursday Tour**

Please join Executive Director Diann Robinson on a Third-Thursday Tour this month on April 16th. Upcoming dates for 2015 include May 14th and June 18th. If these dates don't work, give us a call and let us know when you are available.

### **Become a "Birthday Buddy" (Sponsors needed for May and December)**

Each month, usually on the fourth Friday, we celebrate members' birthdays. The responsibilities of the sponsor include purchasing and wrapping gifts (minimum value of \$15, usually for 7-8 members), bringing a sheet cake and sugar-free cookies, and joining us for the party on the designated date from 1:00 p.m. to 2:00 p.m. If your budget allows (\$100 - \$125), you are asked to consider sponsoring an outside DJ who will play the members' favorite songs and keep the party moving. Sponsors present the gifts and join in on the overall celebration and dancing. If we don't have a sponsor, the ADC purchases the birthday gifts. If you aren't able to participate as a group, would you please consider a gift card to Walmart, Target or Kohls? Any amount is greatly appreciated.

To publicize the event, we take photographs at the party and send out press releases to the local papers. We put photos on our Facebook page, which currently has almost 400 followers, and we include the story in our e-newsletter that currently has nearly 650 active addresses.



*Volunteers from Henkel Adhesives of Bridgewater were our March Birthday Buddies*

\* **About the newsletter**

Please email Hilary Kruchowy at [hkruchowy@adultdaycenter.org](mailto:hkruchowy@adultdaycenter.org) if you have any suggestions about future features. Please feel free to forward the newsletter to your friends and colleagues. We are trying to build our mailing list. Currently there are 650 names on our list. Thank you.

\* **"Like" us on Facebook!**

We update our Facebook pages two or three times a week with news of what is happening at the center. Please "Like" us and check out our photographs. It is a great way to see what your loved one is up to and how they are spending their day. To date we have just over 400 likes!

\* **Mission**

The Adult Day Center of Somerset County, a compassionate community of acceptance, is a non-profit agency committed to providing extraordinary day care services for the elderly and disabled residents of Somerset County, and support for caregiving families.

*Celebrating 38 Years of Extraordinary Service in Somerset County*



**United Way  
of Northern New Jersey**  
member agency