



Dear Friend of the ADC,

Looking forward to the upcoming weekend, I want to wish everyone a very Happy Mother's Day. Every day I see our members treated with respect and patience by their family members and I am humbled by their dedication to keeping their loved ones at home. I hope you have the time to take a break from your caregiving duties and enjoy the day with family.

At the end of the month, we will hold our Fourth Annual Generations Gala. We are honoring our friends Anita and Jim Ventantonio and Peapack-Gladstone Bank . We are looking forward to the opportunity to honor their commitment and passion to the Adult Day Center. If you are able, I hope you will join us at the event or consider placing an ad in the journal. There is a link for more information below.

See you at the ADC!

Sincerely,

Jeff Macaulay
Executive Director

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Regular features:

- * Caregiver Cafe is open on Fridays
- * RSVP for a Third-Thursday Tour
- * Join us as a "Birthday Buddy" on a Fourth Friday
- * Please join us for our Generations Gala on May 29th

The Generations Gala, our annual fundraising gala, will be held this year on Thursday, May 29, 2014, at the Palace at Somerset Park at 5:30 p.m. We will honor Anita and Jim Ventantonio for their loyal and generous support of the ADC, and Corporate Partner Peapack-Gladstone Bank for their contributions to making Somerset County a better place to live.

Placing an advertisement in the journal is a great way to show your support of the ADC and get the word out about your business. The deadline for ads is May 16th. We need the support of all of our caregivers, friends and supporters to make this a successful event.

With appreciation to our loyal patrons who have already committed their support:

Gala Chair

Ken Scherer, Hillsborough Irrigation

Vice Chairs

Audi of Mendham & Audi of Bernardsville

Senator Kip Bateman, 16th NJ Legislative District

Bob Cagnassola, Suplee Clooney & Company

William Cooper, Esq., Cooper & Rodgers

DiFrancesco, Bateman, Coley, Yospin, Kunzman, Davis, Lehrer & Flaum, P.C.

Gada Elkenani, Peapack-Gladstone Bank

Dale Florio, Princeton Public Affairs Group

Gibson Family Foundation

Rev. John Graf, Jr., The Claire & John Graf Family Foundation

Ray Hughes, Hughes-Plumer & Associates

Dave Mendez, Law Coffee

Marie Hughes, PeopleCare Center for Nonprofits

Jeanne Perantoni, SSP Architectural Group

Joseph Sorge, J.M. Sorge

Neil Van Cleef, Van Cleef Engineering Associates

Jim and Anita Ventantonio

Doris Zampella, E. A. Boniakowski Insurance Services

*** Janssen Research & Development LLC serves as April birthday buddies**

Thank you to Dr. Hussein Manji and his team at Janssen Research and Development LLC for sponsoring our April birthday party. Dr. Manji brought a team of 18 to help us celebrate. After a tour and introduction to the ADC, they presented flowers to members who were celebrating birthdays, danced to the music of DJ Gary Morton and helped staff to serve cake. The Janssen team's considerable generosity is greatly appreciated and the team's thorough engagement truly created a memorable celebration. The members had a great time. We look forward to seeing them next year!

The Adult Day Center's Birthday Buddy program is a way for companies and businesses to spend a day at the Center, meet the members, and learn about the ADC. Lesia Kruchowy, Strategy & Operations Support Leader Neuroscience, who initiated the team's involvement explained, "The Janssen Neuroscience Team has the privilege to work for Janssen Neuroscience, where we focus on developing medications for treating chronic diseases of the elderly. I believe that spending time with older adults is a wonderful way to give back to our community and to the patients we serve, especially as we commemorate the 70th Anniversary of our J&J Credo. The Johnson & Johnson Credo challenges us to put the needs and well-being of the people we serve first."

*** Patrick Kennedy tours the ADC**

Dr. Manji from Janssen Research & Development, LLC. invited his friend and colleague, former U.S. Congressman Patrick Kennedy to join him after the birthday party. Mr. Kennedy and Dr. Manji collaborate through their work with the "One Mind for Research Foundation." When Mr. Kennedy arrived, Assistant Director, Diann Robinson led him on a tour of the facility. Afterwards she brought him into the living room to meet our members where he engaged everyone in conversation, and spoke about his family and foundation. With generous modesty, he welcomingly greeted caregivers as they came in to pick up their loved ones. Members of our Board of Trustees also had time to sit with him and talk about the history of the ADC.

*** Consider a tribute gift for Mother's Day**

If you aren't quite sure what to get your mother for Mother's Day, perhaps a gift in her honor would be something she would appreciate. ADC invites you to give a "Tribute Gift" to our Promises Kept Campaign.

This campaign is our pledge to provide for the financial stability of the Center, and is allowing us to offer quality day care services to all who need them. A tribute gift is an appropriate and lasting way to turn your fond memories and love for your family member into a memorable tribute.

When you give a tribute gift:

- * The person you are honoring will be notified that a gift has been made; the amount is not specified.
- * The honoree and contributor will be listed in our annual report.
- * An acknowledgment will be sent, thanking you for your tax-deductible gift.
- * We will use the gift to underwrite a portion of our general operating budget allowing us to offer our services to everyone who needs them

To give a tribute gift, please contact Hilary Kruchowy at (908) 725-0068, or email hkruchowy@adulthoodcenter.org. Secure online donations can be made at www.adulthoodcenter.org. Our Federal Tax ID number is 222-111-573.

*** The date for the May support group is announced**

The May Caregiver Support Group will be held on Saturday, May 17th at 10:00 a.m. We are focusing on wellness and how to take time for yourself while you are a caregiver. Stacy and Diann will lead a discussion between 10:00 to 11:15 a.m. Afterwards we will be joined by a local volunteer who will lead a hands-on origami demonstration. Lunch will be provided by Chef Casey Lee of Casey's Culinary Classes and Catering.

Casey uses only local, fresh organic ingredients and provides nutritious home-delivered meals for seniors. Please RSVP to Stacy or Diann if you are planning to attend. They can be reached at (908) 725-0068.

The schedule for 2014 has been set for these Saturdays:

June 14th	October 18th
July 12th	November 8th
September 13th	December 13th

*** Join the ADC team for the Branchburg Race for Alzheimer's on May 18th**

The ADC is putting together a team for the Branchburg Race Against Alzheimer's on May 18th. The race is inspired by a Branchburg resident with Early Onset Alzheimer's Disease. All proceeds will go to Cure Alzheimer's Fund, a 501(c)(3) nonprofit charity that uses all donations it receives for Alzheimer's research. This race is not affiliated with the ADC, but we are putting together a team to show our support for the cause and family. It is a 5K Race and 1 Mile Fun Run/Walk at White Oak Park, 235 Baird Road, Branchburg, NJ 08876. Registration begins at 7:45 a.m. The 5K Race starts at 9:00 a.m. and the 1 Mile Fun Run/Walk starts at 10:00 a.m. We will be participating in the walk and the run. Join us!

*** Special May programs**

Our highlights this month include our first annual ADC Fun Walk on Friday, May 16th. Members will walk for fun and exercise. Family members or caregivers are invited to walk with us or cheer on their loved one. The walk is scheduled for 10:30 a.m. to 12:30 p.m. We will walk approximately 2 laps around the parking lot. If it rains, we will set up a walking course indoors. After the walk, caregivers are invited to stay for lunch. Please RSVP by May 14th, if you will be attending the walk and staying through lunch so we can make arrangements.

Our Mother's Day Social is scheduled for Friday, May 9th and our Memorial Day party is scheduled for Friday, May 23rd at 1:00 p.m. Members will be taking trips to Wendy's and Olive Garden. The Immaculate Conception's Mother's Retreat Group is our May Birthday Buddy.

List of activities

May 9th - Caregiver Cafe
May 12th - Mother's Day Social
May 12th - Van Trip to Wendy's
May 14th - Karaoke with Gary Morton
May 15th - Third Thursday Tour
May 16th - Caregiver Cafe
May 16th - ADC Fun Walk
May 20th - Van Trip to Olive Garden
May 23rd - Caregiver Cafe

May 23rd - Memorial Day Picnic with DJ Joe
May 26th - ADC Closed in Recognition of Memorial Day
May 28th - Patio Party with DJ Gary Morton
May 29th - Generations Gala
May 30th - Caregiver Cafe
May 30th - May Birthday Party

*** Staff projects continue**

At the February in-service day, Jeff Macaulay, Executive Director and Diann Robinson, Assistant Director, challenged all ADC staff including the office and nursing staff to develop an activity based on a hobby, interest or talent. This month we are looking forward to our Social Worker, Stacy Scelfo sharing her love of cooking Mexican food. Assistant Director, Diann Robinson, will be showing scenes from her favorite movies on May 13th and Activity Assistant Angela Scarpati will present Casino Time on May 14th. Finally, Health Care Assistant, Lovell Johnson, is leading a discussion about favorite spiritual quotes on May 20th.

Regular Features

* Caregiver Cafe is open on May 9, 16, 23 and 30 from 9:30 a.m. to 11:00 a.m. The Caregiver Cafe is hosted by Linda Lee, a Center caregiver and volunteer, from 9:30 a.m. to 11:00 a.m. Stop by and meet other caregivers who are facing the same challenges as you.

*** RSVP for a Third-Thursday Tour**

Please join Executive Director, Jeff Macaulay, on the Third Thursday of May (the 15th) for coffee and a tour. Other upcoming dates for the spring include June 19th, July 18th and August 21st. If May 15th, doesn't work, give us a call and let us know when you are available.

*** Become a "Birthday Buddy" -- Sponsors are needed**

Each month, usually on the fourth Friday, we celebrate members' birthdays. The responsibilities of the sponsor include purchasing and wrapping gifts (minimum value of \$15, usually for 7-8 members), bringing a sheet cake and sugar-free cookies, and joining us for the party on the designated date from 1:00 p.m. to 2:00 p.m. Sponsors present the gifts and join in on the overall celebration and dancing. If we don't have a sponsor, the ADC purchases the birthday gifts. If you aren't able to participate as a group, would you please consider a gift card to Wal-mart, Target or Kohls? Any amount is greatly appreciated.

Upcoming dates (can be changed for a group):

June 27th (reserved)
July 25th
August 22nd (reserved)
September 26th (reserved)

To publicize the event, we take photographs at the party and send out press releases to the local papers. We put photos on our Facebook page and include the story in our e-newsletter that currently has 550 active addresses.

*** About the newsletter**

Please email Hilary Kruchowy at hkruchowy@adulthoodcenter.org if you have any suggestions about future features. Please feel free to forward the newsletter to your friends and colleagues. We are trying to build our mailing list. Thank you.

*** Mission:**

The Adult Day Center of Somerset County, a compassionate community of acceptance, is a non-profit agency committed to providing extraordinary day care services for the elderly and disabled residents of Somerset County, and support for caregiving families.

Celebrating 37 Years of Extraordinary Service in Somerset County